

# Draper Recreation Center

## Adult Swim Group



Tired of swimming alone?

The “Adult Swim Group” is a non-competitive swim group for participants age 18 and older. Whether you are a beginner swimmer or an advanced tri-athlete, this is the program for you!

All skill levels are welcome to participate.

### Practice Days/Times

Monday	Wednesday	Friday
5:30-7:00 AM	5:30-7:00 AM	5:30-7:00 AM



### Coaches

**Rob Bruendl & Nichole Eager**

Come join us for a great workout!  
Kickboards and pull buoys available  
for use during practice.

### Cost

<b>Day Pass</b>	\$7.00
<b>Membership</b>	Included

For more information, and to make a reservation, visit our website at [slco.org/draper-rec/](http://slco.org/draper-rec/) or contact Jake Peterson (Aquatic Coordinator) at (385) 468-1994 or at [japeterson@slco.org](mailto:japeterson@slco.org)

Draper Recreation Center  
657 E. Vestry Road  
Draper, UT 84020  
(385) 468-1995



For inclusion opportunities for people with disabilities, contact 385-468-1520 or [InclusionRec@slco.org](mailto:InclusionRec@slco.org)

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PARKS & RECREATION