

Taylorsville Senior Center

September 2022



HIGHLIGHTED PROGRAMS

Birthday Tuesday: Tuesday, Sept 6th. Celebrate the September birthdays and enjoy entertainment from the talented Jenny Floor in the dining room from 11:00^{am} to 12:00^{pm}.

Green Urban Lunchbox Farmers Market: On Sept 6th & 26th. At 11:00^{am} come get some free veggies from the Green Urban Lunchbox. You will need to come to the front desk to get a ticket for veggies. We will call tickets in order of the number on the ticket. Come before 11:00^{am} if you want to get an early ticket number for first pick of veggies!

Name That Tune: Thursday, Sept 22nd. This game tests your knowledge of oldies music and gives a few tips on avoiding scams along the way!

Vital Aging Presents: Radical Acceptance: Tuesdays at 10:30^{am}.

Come and Join Jesse as we learn the tools on how to deal with stress, thoughts of worry adapting to change.

Movies of the Month: Friday, Sept 9th at 1:00^{pm} - Show Boat and on Friday, Sept 23rd at 1:00^{pm} - Your Cheatin' Heart

Story Telling Musicians: Tuesday, Sept 13th. The Eastmond's are seasoned story tellers that have performed in multiple competitions throughout the Intermountain West. Their lively performance is a rare combination of storytelling and music,.

ANNOUNCEMENTS

- * **BINGO** - Three times a week! Check calendar for dates and times.
- * In-person dining and hot meal take out: 11:30^{am} - 12:15^{pm} Mon.-Fri.
- * All activities are subject to adjustment as regulations change.

Center Information

HOURS

Monday - Friday
7:00 AM - 4:00 PM

CONTACT
(385)468-3370

Manager: Mike Potter

Programs: Grace Kelly

Office: Daisy Figueroa

Kitchen: Peter Rackl

Transportation: Bruce Kendall

ADDRESS

4743 S. Plymouth View Dr.
(4743 S. 1650W.)
Taylorsville, Utah 84123

WEBSITE

[https://slco.org/
aging-adult-services/
taylorsville-senior-center/](https://slco.org/aging-adult-services/taylorsville-senior-center/)



**SALT LAKE
COUNTY**
AGING & ADULT
SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday
<h1>September</h1>			1	2
			9:00 Wendover 9:30 Crochet Group 10:00 Wii Bowling 12:00 Table Tennis	9:00 Chair Aerobics 10:30 EnhanceFitness 10:00 Bus to Walmart 10:00 Bingo 1:30 Line Dancing-Beg. 2:30 Line Dancing-Adv
5	6	7	8	9
Closed For Labor Day	9:30 Crochet Group 10:00 Refugee Ipad Class 10:00 Wii Bowling 10:30 Vital Aging 11:00 Free Veggies! 1:00 Hatha Yoga	9:00 Chair Aerobics 9:30 Advisory Mtng. 10:00 Rummikub 10:00 Citizenship Class 10:30 EnhanceFitness 1:00 Bingo	9:30 Crochet Group 10:00 Craft - must pre register 10:00 ESL Class 10:00 Wii Bowling 12:00 Table Tennis 1:00 Good Grief	9:00 Chair Aerobics 10:30 EnhanceFitness 10:00 Bus to Walmart 10:00 Bingo 1:00 Movie - see flyer 1:30 Line Dancing-Beg. 2:30 Line Dancing-Adv
12	13	14	15	16
9:00 Chair Aerobics 10:00 Dollar Tree Bus 10:00 ESL Class 10:30 EnhanceFitness 1:00 Bingo-Sponsored by Jenkins & Soffe	9:00 Biscuits & Gravy 9:30 Crochet Group 10:00 Refugee Ipad Class 10:00 Wii Bowling 10:30 Vital Aging 1:00 Hatha Yoga 2:00 Story Telling Musicians	9:00 Chair Aerobics 10:00 Rummikub 10:00 Citizenship Class 10:30 EnhanceFitness 12:00 Ice Cream 1:00 Bingo 2:00 Story Taylors	9:30 Crochet Group 10:00 ESL Class 10:00 Wii Bowling 12:00 Table Tennis 5:00 Evening Center	9:00 Chair Aerobics 10:00 Bus to Walmart 10:00 Bingo 10:30 EnhanceFitness 1:30 Line Dancing-Beg. 2:30 Line Dancing-Adv
19	20	21	22	23
9:00 Chair Aerobics 10:00 ESL Class 10:30 EnhanceFitness 1:00 Bingo	9:30 Crochet Group 10:00 Refugee Ipad Class 10:00 Wii Bowling 10:30 Vital Aging 1:00 Hatha Yoga	9:00 Chair Aerobics 10:00 Rummikub 10:00 Citizenship Class 10:30 EnhanceFitness 1:00 Bingo	9:30 Crochet Group 10:00 ESL Class 10:00 Wii Bowling 10:30 Name That Tune 12:00 Table Tennis 1:00 Good Grief	9:00 Chair Aerobics 10:00 Bus to Walmart 10:00 Bingo 10:30 EnhanceFitness 1:00 Movie - see flyer 1:30 Line Dancing-Beg. 2:30 Line Dancing-Adv
26	27	28	29	30
9:00 Chair Aerobics 10:00 ESL Class 10:00 Dollar Tree Bus 10:30 EnhanceFitness 11:00 Free Veggies! 1:00 Bingo	9:30 Crochet Group 10:00 Refugee Ipad Class 10:00 Wii Bowling 10:30 Vital Aging 1:00 Hatha Yoga	9:00 Chair Aerobics 10:00 Rummikub 10:00 Citizenship Class 10:30 EnhanceFitness 1:00 Bingo 2:00 Story Taylors	9:30 Crochet Group 10:00 ESL Class 10:00 Wii Bowling 12:00 Table Tennis	9:00 Chair Aerobics 10:00 Bus to Walmart 10:00 Bingo 10:30 EnhanceFitness 1:30 Line Dancing-Beg. 2:30 Line Dancing-Adv