

SUNDAY ANDERSON SENIOR CENTER *September, 2022*

Neighborhood Day/Randy's Art Class

We are teaming up with River's Bend Senior Center for this year's Neighborhood Day on Wednesday, September 14th at the River's Bend Senior Center. There will be an exercise class, crafts, live entertainment and sack lunches. Be sure to RSVP by seeing our front desk. It'll be lots of fun. We hope to see you there.

Randy's Art Class will be held on Thursdays starting September 1st at 12:00 PM. Randy teaches a little of everything...sketching, watercolor, and oil painting to name a few. Sign up at the front desk so we know what supplies will be needed.

We'd like to say **THANK YOU** to all of our volunteers who help make Sunday Anderson the center it is today. Without you, we wouldn't be able to provide activities and classes.

CENTER INFORMATION

Monday - Friday; 7:00 AM - 4:00 PM

(385)468-3155

868 West 900 South
slco.org/Sunday-Anderson-westside/

Manager: Sunni Hobbs-McKinney

Programs: Amy Hackett

Office: Hazel Roehrig

Easter Seals: Kim McCashland

Driver: Vacant

Custodian: Leonard Wright

BIRTHDAY TUES

Entertainment 11:00

by Heart & Soul

Tuesday, September 6th

11:00AM

MEDICARE/OPEN ENROLLMENT Q & A

Tuesday, September 6th

11:30 AM

By Mary Boyer

VITAL AGING

Wednesday, September 14th

& Wednesday, September 28th

10:30 AM

BLOOD PRESSURE/ GLUCOSE CHECKS

Wednesday, September 7th & 28th

10:30 AM

FARMER'S MARKET

Monday, September 7th & 28th

Before/During Lunch-Grab

ticket at the Front Desk.

NEIGHBORHOOD DAY AT RIVER'S BEND SENIOR CENTER

Wednesday, September 14th

Starting at 9:00 AM

Exercise, Crafts, Live

Entertainment, & Sack Lunch



Art/Culture/Music

Brain Teaser: Hidden Pictures

Can you find all the hidden pictures in the image? Receive four fun hidden pictures for every month. Sign up at the front desk.

Adult Coloring Contest

Do you love to color? Participate in a contest each month. Use color pencils or gel pens. Sign up at the front desk.

Word Search

Backward, forward, and diagonal— can you find all the words? Receive four word searches every month.

Ceramics

Monday & Wednesday
9:30AM - 3:30 PM
Learn/create fun projects with instruction.

Ceramics Open Studio

Fridays
9:30AM - 3:30PM
Enjoy extra time working on your projects.

Bonsai and Origami

Monday, September 12th & 26th
10:00 AM
See front desk for needed supplies.

Games

Bingo

Tuesdays & Thursdays
9:30AM

First Tuesday of every month will be held after lunch. **Unless there is a cancelation with Entertainment

Bunko

Put on Hold & Hope to Restart Soon
Bring your own dice.

Horseshoe

Monday-Friday
7:00AM - 3:45PM
Available as weather permits

Golf Card Game

Friday, September 9th & 23rd
10:00AM

Ping Pong

Monday-Friday
7:00AM - 3:45PM

Pool/Billiards

Monday-Friday
7:00AM - 3:45PM
Enjoy a great game of pool with your friends

Shuffleboard

Monday-Friday
7:00AM - 3:45PM

Fitness Programs

Monday	Tuesday	Wednesday	Thursday	Friday
7:00 - 3:45 Gym Equip. 10:00 U of U Summer Exercise Class 1:00 Line Dancing	7:00 - 3:45 Gym Equip.	7:00 - 3:45 Gym Equip.	7:00 - 3:45 Gym Equip.	7:00 - 3:45 Gym Equip. 10:00 U of U Summer Exercise Class

Education

Vital Aging

2nd & 4th Wednesday of every month
September 14th & 28th
10:30 AM

Computer Open Lab

Monday-Friday
7:00AM-3:45PM
Email, games and more!

Randy's Art Class

Thursdays
12:00 PM

Information & Services

Movie Thursday's

12:30 PM
Movies will be announced during the week before the movie

NEW CLASS: Stepping On
6 Week Course | Classes held on
Mondays 12:00PM—2:00 PM
Starting October 4th | Sign up

Upcoming Events

Birthday Tuesday

Tuesday, October 4th
By Heart & Soul

Flu/Covid 19 Shots Clinic

Tuesday, October 4th
11:00 AM

Farmer's Market

Tuesday, October 11th
Before/During Lunch

Spooky Cake Walk

Monday, October 31st
11:15 AM

Registration Information

All classes and activities are by appointment only. Call or sign up at the front desk. See you there!

385-468-3155