

Eddie P. Mayne Kearns Senior Center September 2022

Program Highlights

Yoga: Mondays & Thursdays 12:45 PM

Basic Spanish: Mondays 1:30 PM

Arthritis Foundation Exercise:

Tuesdays & Fridays 9:30 AM

Social Coloring: Thursdays 1:00 PM



CENTER INFORMATION

Monday - Friday, 7:00 AM-4:00 PM

(385) 468-3100

4851 West 4715 South

Kearns, UT 84118

slco.org/aging-adult-services/

Manager: Jayme Haight
Programming: Amanda Kaneko
Office: Bobbi Bohman
Maintenance: Mike Moore
Driver: Crestin Bailey
Kitchen Lead: Ted Novinfar

Announcements

Lunch Program

Dine-in

11:30 AM-12:15 PM
(reservations not required)

Programming

- **Ceramics**
Tuesdays & Thursdays
9:00 AM
- **Leather Crafts**
Wednesdays
10:00 AM
- **Bingo**
Wednesdays & Fridays
12:30 PM

Farmers Market!
September 8th
&
September 22nd
11am - 1pm

SL
**SALT LAKE
COUNTY**
**AGING & ADULT
SERVICES**

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SHE SHED WOMEN'S GROUP</p> <p>JOIN US VIRTUALLY EVERY FIRST & THIRD MONDAY 10:00-10:30 AM</p> <p>Make new friends while connecting with other senior aged women throughout Salt Lake County.</p> <p>To register call Salt Lake County Aging Services • 855-468-5299</p>  	<p>Social Coloring Thursdays!</p> 		<p>1</p> <p>9:00 Ceramics 9:30 Vital Aging 9:30 Wii Bowling Team Practice 10-3:30 AARP Safe Driving Course 10:30 U of U Exercise 12:45 Yoga 1:00 Social Coloring</p>	<p>2 Special Meal</p> <p>9:30 AF Exercise 9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 11:00 Live Entertainment Tony Summerhays 12:30 Bingo</p>
5 CLOSED	6	7	8 Farmers Market	9
	<p>9:00 Ceramics 9:30 AF Exercise 9:30 Wii Bowling Team Practice 10:30 U of U Exercise 11:00 Live Entertainment Larry Turner</p> <p>BIRTHDAY TUESDAY!</p>	<p>9:30 Open Wii Bowling 10:00 Leather Crafts 12:30 Dominos 12:30 Bingo</p>	<p>9:00 Ceramics 9:30 Vital Aging 9:30 Wii Bowling Team Practice 10:30 Medicare 10:30 U of U Exercise 12:45 Yoga 1:00 Social Coloring</p>	<p>9:30 AF Exercise 9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 10:45 Live Entertainment New Fiddlers 12:30 Bingo</p>
12	13	14	15	16
<p>9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 12:45 Yoga 1:30 Basic Spanish</p>	<p>9:00 Ceramics 9:30 AF Exercise 9:30 Wii Bowling Team Practice 10:30 U of U Exercise 12:30 Movie: Jurassic Park</p> 	<p>9:30 Open Wii Bowling 10:00 Leather Crafts 12:30 Dominos 12:30 Bingo</p>	<p>9:00 Ceramics 9:30 Vital Aging 9:30 Wii Bowling Team Practice 10:30 Advisory Committee 10:30 U of U Exercise 12:45 Yoga 1:00 Social Coloring</p>	<p>9:30 AF Exercise 9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 11:00 Lead Prevention Health Dept 12:30 Bingo</p>
19	20	21	22 Farmers Market	23
<p>9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 12:45 Yoga 1:30 Basic Spanish</p>	<p>9:00 Ceramics 9:30 AF Exercise 9:30 Wii Bowling Team Practice 10:30 U of U Exercise</p>	<p>9:30 Open Wii Bowling 10:00 Leather Crafts 12:30 Dominos 12:30 Bingo</p>	<p>9:00 Ceramics 9:30 Vital Aging 9:30 Wii Bowling Team Practice 10:30 U of U Exercise 12:45 Yoga 1:00 Social Coloring</p>	<p>9:30 AF Exercise 9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 11:00 Live Entertainment Chris Dokos 12:30 Bingo</p>
26	27	28	29	30
<p>9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 12:45 Yoga 1:30 Basic Spanish</p>	<p>9:00 Ceramics 9:30 AF Exercise 9:30 Wii Bowling Team Practice 10:30 U of U Exercise 12:30 Movie: Jurassic Lost World</p> 	<p>9:30 Open Wii Bowling 10:00 Leather Crafts 12:30 Book Club 12:30 Dominos 12:30 Bingo</p>	<p>9:00 Ceramics 9:30 Vital Aging 9:30 Wii Bowling Team Practice 10:30 U of U Exercise 12:45 Yoga 1:00 Social Coloring</p>	<p>9:30 AF Exercise 9:30 Open Wii Bowling 10:00 Stretch & Tone w/Jan 10:00 Book Exchange 12:30 Bingo</p>