

# August 2022 Menu

All congregate Senior Centers will be serving lunch from 11:30 AM—12:15 PM. Please reach out to your local senior center with any questions regarding lunch service.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<b>Meatball Sandwich</b> Whole Kernel Corn Seasonal Fresh Fruit	<b>Meatloaf (Birthday Meal)</b> Whipped Potatoes w/Brown Gravy Green Beans Stewed Tomatoes Fresh Fruit Birthday Cupcake	<b>Pork Carnitas</b> Black Beans Fajita Vegetables Lemon Lime Gelatin	<b>Sweet &amp; Sour Chicken</b> Rice Mixed Vegetables Sliced Carrots Chocolate Chip Cookie	<b>Turkey Salad</b> Mandarin Oranges & Pineapple Saltine Crackers Chocolate Pudding
8	9	10	11	12
<b>Baked Chicken</b> Brown Rice Black Beans w/Red Peppers Chuckwagon Corn	<b>Spaghetti &amp; Meatballs</b> Mixed Vegetables Whole Wheat Roll Mandarin Oranges	<b>Chef Salad</b> Saltine Crackers Mixed Fruit Citrus Gelatin	<b>Breaded Fish</b> Delmonico Potatoes Glazed Carrots Seasonal Fresh Fruit Chocolate Chip Cookie	<b>Pork Roast w/ Mushroom Gravy</b> Whipped Potatoes Spinach Seasonal Fresh Fruit
15	16	17	18	19
<b>Salisbury Steak</b> Garlic Whipped Potatoes w/Brown Gravy Mixed Vegetables Whole Wheat Roll Pineapple Tidbits	<b>BBQ Chicken Salad</b> Saltine Crackers Applesauce Vanilla Pudding	<b>Cheeseburger</b> Baked Beans Carrots	<b>Egg Salad Sandwich</b> Kidney Bean Salad Pineapple Tidbits Orange Gelatin Whole Wheat Roll	<b>Chicken Enchilada Bake</b> Black Beans Mandarin Oranges
22	23	24	25	26
<b>Sloppy Joe</b> Baked Beans Glazed Carrots Lemon Lime Gelatin	<b>Breaded Fish</b> Roasted Red Potatoes Brussel Sprouts Seasonal Fresh Fruit	<b>Fiesta Chicken Salad</b> Saltine Crackers Mandarin Oranges Butterscotch Pudding	<b>Beef Ziti Bake</b> Mixed Vegetables Hot Cinnamon Applesauce	<b>Sliced Turkey Breast Sandwich</b> Cucumber Onion Salad Mandarin Oranges & Pineapple Chocolate Chip Cookie
29	30	31		
<b>Beef Patty w/Brown Gravy w/Onions</b> Lyonnais Potatoes Carrots Seasonal Fresh Fruit Lime Gelatin	<b>Cranberry Dijon Chicken</b> Confetti Rice Mixed Vegetable Blend Mandarin Oranges	<b>Turkey Salad Sandwich</b> Cucumber/Tomato Salad Seasonal Fresh Fruit	 <p><b>Suggested Donation: \$4.00</b> Donations can be made online at: <a href="https://salt-lake-county-aging-adult-services.square.site/">https://salt-lake-county-aging-adult-services.square.site/</a></p>	

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments