

PAPER MÂCHÉ SPACE HELMET



MATERIALS

- Flour
- Water
- Spoon
- Mixing bowl for paste
- Balloon (must be bigger than your head when inflated)
- Newspaper or recycled paper
- Paint, paint brushes and stickers (optional)
- Tray or large bowl to use as workspace

DIRECTIONS

- Blow up the balloon - it must be blown up to a size bigger than your head.
- In the mixing bowl, mix one part flour with one part water to form a thick paste.
- Tear the newspaper into strips and dip them into the paste, wiping excess paste off the strip. Place the strips on the balloon. Do this until the entire balloon is covered with newspaper strips. Apply at least three coats of newspaper to your helmet. If you would like, use white paper as your final coat to make for a cleaner finish.
- Let the paper mâché completely dry, ideally overnight or a minimum of 4-5 hours.

- Pop the balloon and trim an opening large enough to fit your head. Trim out a face plate to see through.
- If you wish, paint your favorite design or add stickers to the surface to make your helmet unique.
- Put on your helmet and blast into space!

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